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Download or Read Online Cet enfant qui ne dort pas... Lyliane Nemet-Pier Free eBook PDF/ePub/Mobi/Mp3/Txt, Les bras, la petite musique, les histoires, les doudous, les tétines, la lumière allumée, le biberon de lait, la porte entr'ouverte... Ils ont tout essayé, la douceur mais aussi la fermeté. Et, en désespoir de cause, certains parents ont frappé à la porte du psy.

Lyliane Nemet-Pier psychologue clinicienne, psychanalyste est, depuis plus de trente ans, à l'écoute de ces familles au bord de la crise de nerfs. À partir de nombreux cas d'enfants, de la naissance à dix ans, elle balaye les idées reçues, fait découvrir les erreurs que l'on commet en croyant bien faire, ouvre des pistes auxquelles on n'aurait pas pensé. Cette réflexion pleine d'expérience et d'empathie apportera aux lecteurs l'énergie pour trouver leurs propres solutions... Et renouer enfin avec le bonheur de bien dormir !

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