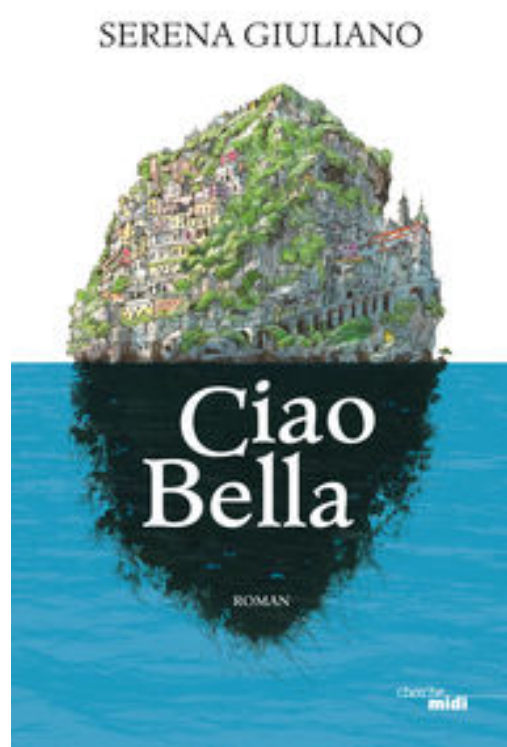


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" *J'ai peur du chiffre quatre. C'est une superstition très répandue en Asie. Le rêve ! Enfin des gens qui me comprennent ! Je devrais peut-être déménager...*

- *Vous avez beaucoup d'autres phobies ?*

- *Vous avez combien d'années devant vous ? "*

Anna a peur - de la foule, du bruit, de rouler sur l'autoroute, ou encore des pommes de terre qui ont germé... Et elle est enceinte de son deuxième enfant. Pour affronter cette nouvelle grossesse, elle décide d'aller voir une psy.

Au fil des séances, Anna livre avec beaucoup d'humour des morceaux de vie. L'occasion aussi, pour elle, de replonger dans le pays de son enfance, l'Italie, auquel elle a été arrachée petite ainsi qu'à sa nonna chérie. C'est toute son histoire familiale qui se réécrit alors sous nos yeux...

À quel point l'enfance détermine-t-elle une vie d'adulte ? Peut-on pardonner l'impardonnable ? Comment dépasser ses peurs pour avancer vers un avenir meilleur ?

**Attention, la lecture de *Ciao Bella* pourrait avoir des conséquences irréversibles : parler avec les mains, écouter avec le cœur, rire de tout (et surtout de soi), ou devenir accro aux *pasta al dente*.**

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If you realize your ciao bella so overwhelming, you are able to go ahead and take instructions or guides in the manual individually. Select a special feature you wish to give attention to, browse the manual thoroughly, bring your product and execute what the manual is hinting to complete. Understand what the feature does, using it, and don't go jumping to a different cool feature till you have fully explored the actual one. Working through your owner's manual by doing this assists you to learn everything concerning your digital product the best and most convenient way. By ignoring your digital product manual and not reading it, you limit yourself in taking advantage of your product's features. When you have lost your owner's manual, look at product instructions for downloadable manuals in PDF

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