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Les enfants qui s'acceptent et qui s'aiment, ceux dont l'estime de soi est saine, sont des enfants qui écoutent leurs propres sentiments et besoins, mais aussi ceux des autres. Ils élèvent leur voix contre les injustices. Ils osent tracer leur propre chemin dans la vie. Ils assument leurs erreurs. Ils savent recevoir la critique de façon constructive. Pour le plus grand bonheur des parents et des éducateurs !

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