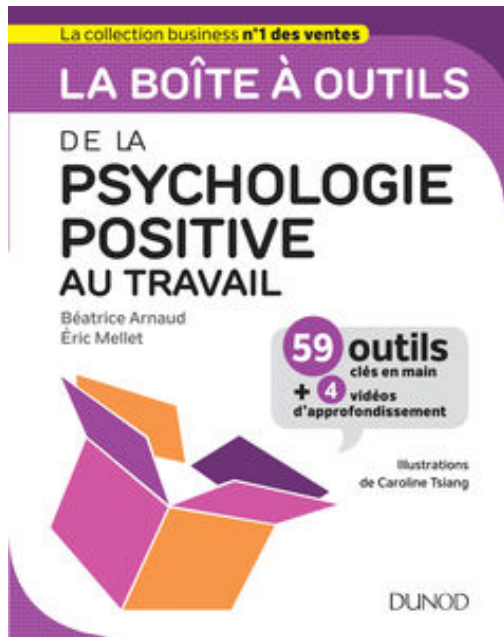


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Ce livre expose comment appliquer la psychologie positive au bureau et comprend tous les outils permettant dans l'entreprise de favoriser les comportements positifs, le développement des valeurs et postures telles que la

bienveillance, l'empathie, la confiance en autrui. Certains outils sont prolongés par des situations d'entreprise, des exercices et des auto-évaluations.

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