

Download La Première Année De Bébé, C'est Malin Romantic And Loving Novel Sarah Bursaux & Alix Lefief-Delcourt Lire Livres PDF



Download or Read Online La première année de Bébé, c'est malin Sarah Bursaux & Alix Lefief-Delcourt Free eBook PDF/ePub/Mobi/Mp3/Txt, Les semaines qui suivent la naissance de votre bébé sont particulièrement intenses : découvertes, bonheurs et émotions se succèdent mais entraînent aussi leur lot d'interrogations, de doutes et d'inquiétudes. Grâce à ce livre écrit à quatre mains par une pédiatre et une maman, vous saurez comment :

Assurer dès les premiers jours côté Bébé (sein/biberon, couches...), mais aussi côté parents (gérer les émotions, les visites, etc.).

Bien le nourrir, être aux petits soins pour lui et veiller à sa sécurité mois par mois.

Accompagner et aider Bébé dans tous ses apprentissages (sommeil, langage, jeux, motricité...).

Rester des parents épanouis au fil des mois.

Les conseils clairs et concrets d'une spécialiste !

Le petit + : Téléchargez gratuitement des conseils supplémentaires pour bien nourrir Bébé après 1 an (avec de nombreuses idées de menus !). Rendez-vous à la dernière page !

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